Parent/Guardian Community E-Bulletin

Markville Secondary School E-Bulletin

InspireLearning!

KYOYK Region



1000 Carlton Road Markham, Ontario L3P 7P5 Principal: Patricia Obadia Tel: (905) 940-8840 Fax: (905) 940-8895 Email: <u>markville.ss@yrdsb.ca</u>



March 4th, 2022

Please keep in mind any information provided in this bulletin is subject to change and is accurate at the time of distribution.

History Spotlight

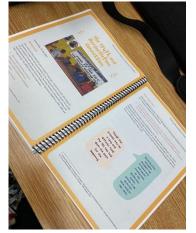
First Nations, Métis, and Inuit History Course Collaborative Textbook

Students in NAC 2O1 created a collaborative course textbook to demonstrate their learning throughout the course.

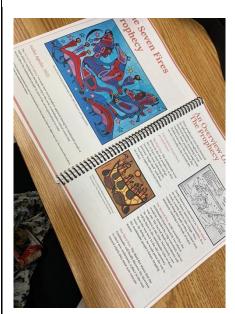
The following cover art was designed by an NAC 2O1 student:







Students were able to choose course topics based on interest and show the development of their ability to think historically by applying the **Historical Thinking Concepts** to their analyses.



Students also extended their learning to include new resources and thinking.

The end result is an artifact of student learning which centers diverse Indigenous perspectives and works to educate others on the resiliency, diversity, and beauty of First Nations, Métis, and Inuit communities in what is now known as Canada.



Parent Teacher Interviews



Parent-Teacher Interviews - New date

Parents-Teacher Interviews will be held on Thursday, March 31, 2022 from 6:30 p.m. - 8:30 p.m.. You will have an opportunity to meet with your child(ren)'s teacher(s) and learn more about the classroom. For health and safety reasons, we are unable to host an event at the school as we normally would, however, we look forward to meeting with you virtually.

Families can use Edsby, an online platform, to schedule a meeting time with their child(ren)'s teacher(s) on Parents' Night. You will receive an invitation to sign up for a meeting time once the schedules are available.

Edsby is a cloud-based platform that lets families easily reserve times to meet with their child(ren)'s teachers. YRDSB in partnership with Edsby have created a secure platform that protects the privacy of information for families.

Families that already have an Edsby account may use their previously created account. The username is the full email address that is on file at your child(ren)'s home school and the password is the one created at activation. If you have forgotten your password, you can find resources on the Board website to help, including how to reset your password.

Families who **do not have** an Edsby account will need to create one to access the online appointment scheduler for their child's teachers for Parents' Night. An up-todate and valid email address must be provided to your child's home school. For help creating an Edsby account, instructions can be found on the Board website. An email from York Region District School Board with instructions on how to create an Edsby account will be sent on March 7. If you do not receive the email, please check your junk mail folder to ensure you do not miss this opportunity.

If you have any questions about this process, please contact our main office.

Families who do not wish to book a time online can contact the teacher.

For help signing up for Parent-Teacher interviews, please visit our board website.

Important Timelines

March Parents' Night schedule will open in Edsby at 8:30 a.m. on March 25, 25, 2022 2022 for booking. Parents/guardians will need to log into their Edsby account to access the schedule. An invitation to book appointments will be sent to your Edsby account and a notification to your email.Instructions for signing up for interview slots are found here. March Interim Reports will be distributed electronically to parents / guardians / 30-31, 18+ students via the Electronic Distribution Process. 2022 March Interview Scheduler closes at 12:00 p.m. (noon) 30.2022 March Teachers will send virtual meeting links to parent/guardians 30-31. 2022

March Virtual Interviews (6:30 p.m. - 8:30 p.m.) 31, 2022

Message from Guidance

Message from Guidance

FAMILY NIGHT WEBINAR SERIES

The next, and final, webinar on Funding Post-Secondary Education will take place on **March 9th @ 6:30pm**. The link to the March 9th presentation will be found on <u>Family</u> Night Agenda, just prior to the presentation.

COURSE SELECTION

Course Verification sheets will come out in a few weeks, allowing families the opportunity to confirm, or make changes to next year's selection. More information to come.

POST-SECONDARY INFORMATION

The Grade 12 Snack 'n Learn Presentation on <u>How to Accept Your Offer</u> will take place at **3pm on March 8th**. Students will join the Guidance Gr 11/12 Google Classroom and will be reminded prior.

Have a wonderful weekend!

Your Guidance Team~

School Notices

Upcoming Dates

International Women's Day
March Break
School Council Meeting
Interim Reports Electronic Distribution
Virtual Parent/Teacher Interview Night 6:30 - 8:30 pm
Last Day of Term 3
First Day of Term 4 (Civics/Careers begins)
Grade 9 EQAO Math

OSSLT Grade 10 Upcoming Dates

March 8	Session 1: Reading Skills Part 1 Grade 10 classes - Period 1/Block 1
March 22	Session 2: Reading Skills Part 2 Grade 10 classes - Period 2/Block 3
March 29	Session 3: Writing Skills Part 1 Grade 10 classes - Period 3/Block 2
April 5	Session 4: Writing Skills Part 2 Grade 10 classes - Period 4/Block 4
April 13	Putting All The Pieces Together - Mock #1 Booklet 1 Practice Grade 10 classes - Period 1/Block 1
April 20	Putting All The Pieces Together - Mock #2 Book 2 Practice Grade 10 classes - Period 2/Block 3
End of April to May	Test Dates and Format - TBD

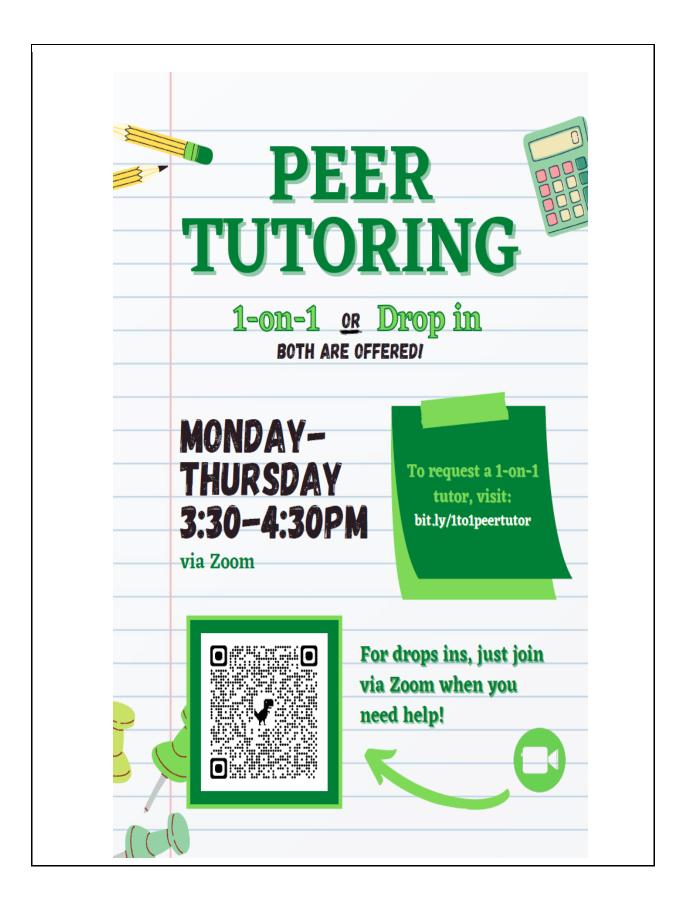
Peer Tutoring

Do you need extra help with your courses? Are you looking for a dedicated peer to help you stay focused and motivated with course work? Markville's Peer Tutoring Club is back and ready to support YOU!

Students can **drop-in** when help is needed or request for a **weekly 1-to-1 peer tutor**. Peer tutoring sessions will be **virtual**, **after school Monday-Thursday from 3:30-4:30 pm**.

- To request a 1-to-1 peer tutor, students must submit this application form: <u>bit.ly/1to1peertutor</u>. Students will receive an email confirmation of their peer tutor match once the request is processed.
- <u>No application is needed</u> for **drop-in** peer tutoring—just join via Zoom when you need help! **See schedule and Zoom links below**.

All Peer Tutoring information including sign up form, schedule, and Zoom links can be found at <u>bit.ly/msspeertutorinfo</u>.



Supports for Community Members

Supports for Community Members with Family and Loved Ones Impacted by Events in Ukraine

In solidarity with all of those in our community with family and loved ones impacted by the conflict in Ukraine.

The following are some services currently available to families:

• LifeWorks 24/7 Free Support Crisis Line for Those Impacted by the events in Ukraine: 1-844-751-2133

- <u>Ukrainian Enquiries Phone Line for Clients in Canada and Abroad:</u> 613-321-4243 (Collect calls accepted) More <u>information about Canadian immigration measures</u> for people affected by events in Ukraine are available online by <u>Canadian</u> <u>Immigration and Citizenship</u>.
 - Jewish Immigrant Aid Services (JIAS) | ukraine@jiastoronto.org
 - Services for newcomers of all faiths and cultural affiliations.
 - Currently supporting with family sponsorships.
 - Emergency Hotline for the Ukrainian Jewish Community

Info, Guidance & Assistance (Hebrew, Ukrainian and Russian) Provided by The Jewish Agency & The International Fellowship of Christians and Jews

- From Ukraine: 0-800-504-504603 (Toll Free)
- From Israel: 1-800-228055 x4 (Toll Free)
- Assistance Request Form

150,000 - 300,000 Jewish people live in Ukraine. Ukraine is home to the 5thlargest Jewish community in Europe and one of the poorest Jewish communities in Europe. It is also home to the largest Chabad Centre and Jewish complex in the world.

 In-School Settlement Worker, Olga Joukova Supporting Newcomer Families in York Region (Ukrainian, Russian & Hebrew) ojoukova@ccsyr.org | 416-616-6789 Provided by Settlement Education Partnership in York Region (SEPYR), *Services for newcomers of all faith affiliations. To assist Canadians concerned about their loved ones in Ukraine, effective immediately, the following phone providers will be waiving all Home Phone and consumer Mobility Postpaid Long Distance charges for calls from Canada to Ukraine until Mar. 31, 2022:

Catholic Community Services of York Region (CCSYR)

- Bell Canada
- Fido including long distance SMS to Ukraine and roaming fees are also waived.
- Freedom Mobile including long distance SMS to Ukraine and roaming fees are also waived.
- Rogers including long distance SMS to Ukraine and roaming fees are also waived.
- Telus waiving all additional charges for long-distance calls and texts to Ukraine until <u>March 12th</u>
- Virgin Plus

These changes will be applied automatically during the month of March. No action is required by customers.

Tweet of the Week



Learning Commons @msscommons

March is women's history month. Come check out the stories from/of these brilliant women.

...



Student Summer Job Opportunities

HAVE YOU EVER WANTED TO WORK AT CAMP? TAKE THE LEADER IN TRAINING COURSE

 Get First Aid CPR-C certified

 Get certified in principles of healthy child development (High Five)

 Get ready to work for Markham Summer Camps

For ages 16+

MARKHAM

Learn more: markham.ca/WorkHere

2022 Summer Camp Recruitment

Summer Positions Currently Available:

Camp Counsellor Camp Inclusion Counsellor Camp Specialist (Canoe, High/Low Ropes)



www.Markham.ca/workhere

Get Trained!

March 5, 6, 11, 12 Plus 8 hours of placement Barcode: 404126

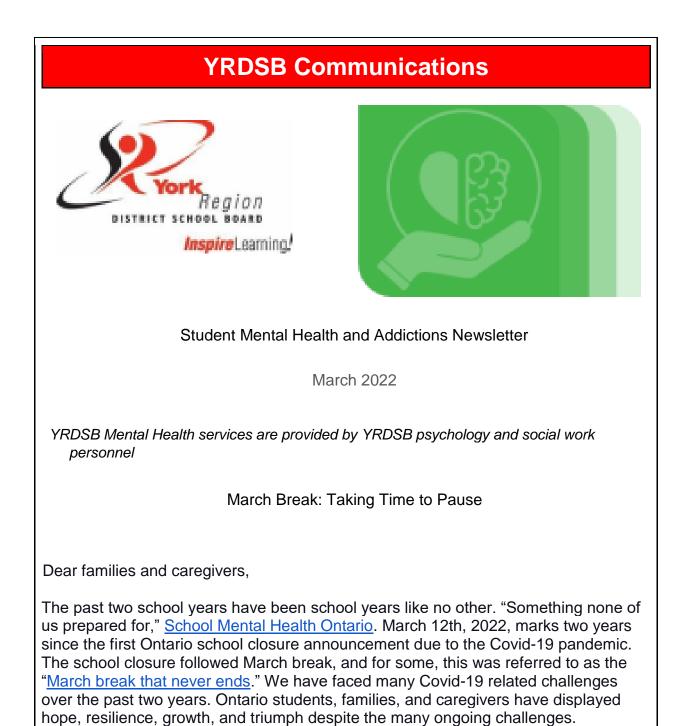
March 26, 27, April 2, 3 Plus 8 hours of placement Barcode: 404127

Registration

The City of Markham is pleased to offer the Leader in Training course for free for individuals who cannot afford to take the course on their own.

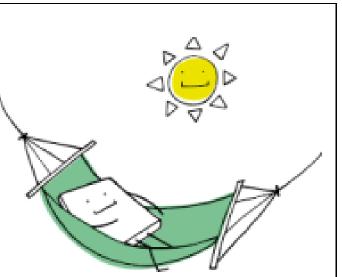
To register, email Kerry Wakefield, kwakefield@Markham.ca

For individuals who would like to register and pay for the course, please visit <u>https://econnect.markham.ca/Start/Start.asp</u>. You will need a client barcode and PIN. If you haven't registered with the City before, please call 905-477-5530 to get started.



Check out <u>A YRDSB Story: Brian</u> <u>Park, Noah Bryan</u>, and many more in the <u>YRDSB Newsroom</u> to view some positive past and present highlights that display the triumphs, growth and excellence of YRDSB students.

This newsletter edition shares ways to take a "pause" and maintain mental wellness during the March break and beyond.



March break signifies an opportunity

to break from academic expectations and school-related commitments for many students, families, and caregivers. The time off permits students to focus on things outside of the day-to day school routines. However, this is not true for all students, families, and caregivers. The reality is March break can look different for each student/household.

We recognize that not all households will be "taking a break." Some students, caregivers, and families are simply trying to figure out how to get through the March break and manage the shift in routine and predictability of the school day. <u>Children's Mental Health Ontario</u> offers helpful tips on creating routine and predictability as well as supporting mental wellness over the March break.

No matter what your March break entails, finding time to pause can be helpful. "A pause is an opening; it acts as a portal to other options and choices." —Robert Poynton. A pause can be a few minutes, hours or even days. Taking time to pause and reflect can help us develop an awareness of our physical and mental states. For some, a pause can be connected to faith/religion, culture and or an individual/family or group's unique way of being (existing) in the world. Each person's way of pausing may look different. Taking a pause can help us rest, reset, reflect and simply catch our breath. Pausing can help us avoid becoming overwhelmed in stressful situations; it aids us in slowing down in times when we feel rushed or under pressure.

Over the March break, we invite parents and caregivers to consider pausing. Pause to rest, pause to play, pause to listen, pause to paint, pause to reflect, pause to read, pause to engage in identity-affirming activities, pause to nourish, pause to connect.

A pause may feel unattainable and unrealistic, which is understandable, given the many realities of parents & caregivers. Yet, recognizing the benefits of pausing, we encourage you to consider what a "pause" may look like for you and your family. Even a few minutes a day can be helpful and restoring.

School Mental Health Ontario offers some helpful ways to <u>Pause and reflect</u>. These resources can help you, and your child(ren) make time to pause.

Additional Resources:

YRDSB Mental Health Resource Page

SMHO Parent/Family Page

Upcoming Workshops:

Being a Parent - Wed, Mar 16, 2022 12:00 PM EDT

For more additional workshops visit <u>York Hills Centre for Children, Youth and</u> <u>Families website.</u> We look forward to creating pathways for caring connections and meaningful relationships with parents, caregivers, and families. Share your voice by using this <u>feedback form</u>, and let's pave the path forward together.

Mental Health COVID-19 Page

COVID-19 has presented unprecedented issues and concerns for our community, our Country and the world. As we focus on keeping ourselves healthy and containing the spread of COVID-19, we must also keep ourselves mentally well.

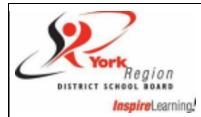
The link below is dedicated to supporting student mental health during this Pandemic. Resources for students, parents/guardians as well as community resources are listed. In addition, there are various links to YRDSB mental health support as well as community support. Please consider taking some time to familiarize yourself with the supports found on the <u>COVID-19 Mental Health Supports for Students and Families</u> webpage.

Continue to check out the <u>YRDSB website</u> for updated information as well as the Twitter accounts @YRDSB and @YRDSB_SS.

Patricia Marra-Stapleton, M.Sc., C. Psych. Assoc. Mental Health Lead patricia.marra-stapleton@yrdsb.ca

Hoshana Calliste, M.S.W., R.S.W. Assistant Coordinator of Mental Health hoshana.calliste@yrdsb.ca

Swetha Srikanthan, M.S.W., R.S.W Assistant Coordinator of Mental Health swetha.srikanthan@yrdsb.ca



Triple P Parenting Seminar

Raising Competent Teens

Set your teenager up for life with the strategies in this seminar which focuses on helping your child get the most out of their school

This session will focus on specific ideas to teach and encourage each of the following skills to becoming confident and successful in school and the community.

- Developing self-discipline
- Establishing good routines
- Getting involved in school activities.
- Being a good problem solver
- Having supportive friends
- Taking part in family decision making

Register today!

Parents, Grandparents and Caregivers of Teenagers (13-18) and Pre-Teenagers (10-12)

Join us to share, learn and build a school culture where mental health and well-being is valued and promoted.

Date: Thursday, March 10, 2022 **Time:** 10:00 a.m. - 11:30 a.m. **Location:** Zoom Link will be provided

Facilitator: Uma Bhatt, R.S.W. York Hills Centre for Children, Youth and Families

More Information:

Oksana Majaski Community & Partnership Developer <u>Oksana.majaski@yrdsb.ca</u>

This free Parent Presentation is brought to you in partnership with York Hills Centre for Children, Youth and Families and York Region District School Board.





Community Events



MARKHAM PUBLIC LIBRARY

Join us every Wednesday for a guided virtual meditation workshop led by an instructor from Markham Yoga.

Meditate and Melt the Stress Away



This online session will lead you in powerful breath work and other meditation techniques. All ages welcome!

Wednesdays 8:15 PM ZOOM

If you do not receive the Zoom link prior to the program, please note:

The email will be from "Markham Public Library"

It may be in your junk/spam folder.

If you still cannot find the email, please contact us @ mplcommunitylibrarians@markham.library.on.ca

prior to the program start time so we can send you the link again.

Suitable for: Adult/Teens

Type: Health and Wellness

Language: English

Contact: Jen Stevenson

Email: mplcommunitylibrarians@markham.library.on.ca

https://markham.bibliocommons.com/events/62157c29f3d55c28007b16a2

